

## S and Z Practice—Isolation

Practice these sounds. Stretch out your S sound.

Sssss ah  
Sssss oh  
Sssss ee  
Sssss oo  
Sssss aw

Say these sounds:

T-S-T-S-T-S  
T-D-N-S T-D-N-S

Tee-see tee-see tee-see  
too-soo too-soo too-soo  
tah-sah tah-sah tah-sah

say say say  
so so so  
see see see  
sah sah sah

Z is like an S with your voice turned on. Practice these sounds:

S-Z-S-Z S-Z-S-Z S-Z-S-Z

Take a deep breath. How long can you make these sounds last?  
Trace your finger along the letters as you make your sound.

Snake sound: sss

Buzzing bee: zzz

## S Practice –S and Th contrast

Practice these sounds. Remember to keep your tongue behind your teeth for the S sound!

th--s th--s th--s

ah thah sah  
ee thee see  
oo thoo soo  
ay thay say

Listen to someone say these words. Which ones begin with Th? Which ones begin with S? Now practice the words yourself. Say each group of words 3 times.

think	sink
thought	sought
sick	thick
thin	sin
thee	see
sigh	thigh
some	thumb
sing	thing
thank	sank
seem	theme

Say these words the *wrong* way, with a “TH” sound. Then say them correctly, with a good “S” sound. Keep your tongue behind your teeth. Can you hear the difference?

soup (Say “thoup soup.”)	soon
sorry	sign
sad	soap
sip	super